

WEST UNIVERSITY OF TIMIȘOARA

Faculty of Physical Education and Sports

Study program:

Prophylactic Kinesiology and Physical Rehabilitation

Fundamental Domain: Science of Sport and Physical Education

Study duration: 2 years

Form of education: attendance

**MINISTRY OF NATIONAL
EDUCATION**Valid starting with the academic year:
2017-2018**EDUCATIONAL PLAN
2017-2019****General competences:**

1. Knowledge and understanding of the concepts, theories and basic methods of physical education and sports, kinetotherapy and special motricity.
2. The capacity of transmitting and capitalize on the knowledge and methods learned.
3. Comprehension, acquisition and permanent use of the most recent scientific results in the field.
4. The capacity of communicating and publishing for professional purposes in a language spoken internationally and the capacity of working in varied social and cultural contexts.
5. The use of modern technology for professional purposes.

Specialized competences:

1. Comprehension and knowledge of the fundamental notions referring to etiopathogeny, semiology, treatment and rehabilitation in the cardiovascular, respiratory, neurologic, metabolic, pediatric, rheumatologic, geriatric pathology, in pregnancy and neonatology.
2. The capacity of conducting and monitoring a kinetotherapy programme adapted to the specifics of the pathology and conservative and / or surgical treatment performed by the physician.
3. Comprehension, knowledge and the capacity of correctly and selectively using the methods and means specific to kinetotherapy, as well as some methods associated with it (massage, hydrokinetotherapy, occupational therapy, physiotherapy) in all the fields mentioned at point 1.
4. Knowledge and the capacity of applying kinetoprophylactic methods and means with the purpose of applying primary or secondary preventing measures in the pathology from the fields mentioned at point 1.

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No.	Discipline	No. of hours						Verification form
		Semester I 14 weeks			Semester II 14 weeks			
Year I 2017 – 2018		C	S / Lp	Crd.	C	S / Lp	Crd.	
	Mandatory disciplines							
1	Rehabilitation in Cardiovascular and Respiratory Diseases	2	2	8	-	-	-	E
2	Aquatic Rehabilitation Therapies	1	2	6	-	-	-	C
3	Rehabilitation in Pediatric Diseases	-	-	-	2	2	8	E
4	Administration and Management of Rehabilitation Centers	1	1	4	-	-	-	E
5	Clinical stages	-	2	5	-	-	-	C
6	Rehabilitation of Neurological Diseases	-	-	-	2	2	8	E
7	Rehabilitation of Metabolic Diseases	-	-	-	2	1	6	E
8	Prophylactic Kinesiology in Obesity and Cardiovascular Diseases	-	-	-	1	2	4	E
9	Rehabilitation in Sport Pathology	2	2	7	-	-	-	E
10	Kinesitherapy Practice	-	-	-	-	2	4	C
	Total no. of hours	6	9		7	9		
		15		30	16		30	

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		Semester I 14 weeks			Semester II 14 weeks			
Year II 2018 - 2019		C	S / Lp	Crd.	C	S / Lp	Crd.	
	Mandatory disciplines							
1	Pathology and Rehabilitation in Rheumatic Diseases	2	2	8				E
2	Occupational Therapy in Neurological and Rheumatic Diseases	1	1	6				E
3	Special Massage Techniques	1	2	4				E
4	Methods and Techniques of Research in The Field of Motor Activities	2	2	8				E
5	Advertising and Financing in Kinesitherapy Activities	1	1	4				C
6	Rehabilitation in Geriatric Diseases				2	2	8	E
7	Kinesitherapy in Pregnancy and Neonatology				2	2	6	E
8	Prophylactic Kinesiology in Geriatric and Neurological Diseases				1	1	6	E
9	Advertising and Financing in Kinesitherapy Activities				2	2	6	C
10	Kinesitherapy Practice					2	4	C
	Total no. of hours	7	8		7	9		
		15		30	16		30	