

Dragos Constantin Neagu

Personal Info

dragos.neagu@e-uvt.ro

Education

- **Bachelor's Degree Graduate in Physical Education and Sports (Bachelor's Degree Graduate in Physical Education and Sports)**
  West University of Timisoara
  oct. 2014 - iul. 2017
- **Bachelor's Degree in Physiotherapy and Special Motor Skills**
  West University of Timisoara
  oct. 2015 - iul. 2018
- **Master's Degree in Physiotherapy for Orthopaedic and Traumatic Conditions**
  West University of Timisoara
  oct. 2017 - iul. 2019
- **General Nursing Qualification**
  Post-secondary Healthcare School - Dr.Tr. Severin

Open Researcher and Contributor ID

0009-0009-8687-1272

Work Experience

CrossFit Instructor, CrossFit Lab (Part-Time), Timisoara
ianuarie 2017 - iunie 2017

Physical Therapist, S.C. Kineto Klinik S.R.L., Timisoara
martie 2018 - noiembrie 2018

Physical Therapist, S.C. Fast Fizio Clinic S.R.L., Timisoara
noiembrie 2018 - iunie 2020

Strength and Conditioning Coach and Physical Therapist, C.S. Politehnica Timisoara - Natatie (Part-Time), Timisoara
mai 2020 - iulie 2025

Licensed Massage Therapist, S.C. Optim Fizio RM&PS S.R.L. (Part-Time), Giroc
septembrie 2024 - Prezent

Assistant Professor (Ph.D.), West University of Timisoara, Timisoara
octombrie 2025 - Prezent

Professional Certifications

Sports Instructor

Fitness Instructor

Medical Taping

Advanced Trigger Point Method

Mulligan Manual Therapy

McConnell Therapy

Stretching Global Active (SGA)

FASCIQ Fascial Technique

Lymphatic Drainage and Sports Massage

FIFA Diploma in Football Medicine

Publications

sept. 2018 - iun. 2021

- **PhD Candidate in Sport Science and Physical Education**
  West University of Timisoara
  oct. 2023 - Prezent

Skills

Teamwork - Expert

Creativity - Expert

Adaptability - Expert

Attention to detail - Expert

Languages

English - Fluent

French - De bază

Neagu, D., Petracovschi, S. (2025). The benefits of dry-land training for swimmers: A Systematic Review, Studia Universitatis Babes Bolyai Educatio Artis Gymnasticae, 71 (92). DOI:10.24193/subbeag.70(2).1

Neagu, D., Petracovschi, S. (2025). Effects of a 12-week velocity-based training program with lactate monitoring on 50 m freestyle performance in competitive swimmers, Studia Universitatis Babes Bolyai Educatio Artis Gymnasticae 10.24193/subbeag.70.sp.iss.1.18